

## **BIBLICAL ADVENTURES**

## What your trip includes:

- Expert leadership. Your program includes a Biblical Expeditions expert instructor, world-class local guide, and Biblical Expeditions private group concierge
- Field arrangements (jeeps, ATVs, camp staff to set up tents and prepare meals, and group camping equipment)
- All or most meals (a few lunches are excluded)
- Sightseeing as noted in the itinerary and entrance fees
- Private boat-ride on the Sea of Galilee
- Group airport transfers
- Ground transportation and support vehicles throughout: deluxe bus, ATVs, and jeeps.
- Local guides and support staff
- Farewell dinner at chef restaurant, Satya in Jerusalem
- Late checkout from Jerusalem hotel
- All tips

## What to expect:

- Prices are per person based on double occupancy.
- Hiking ranges between 15-20km (10-12 miles) per day but can be more.
- Most hikes include elevation changes, both up and down, on rugged, uneven trails.
- Participants must be in physical shape to hike multiple hours daily, day after day.
- Biblical Adventures' treks are not backpacking adventures. They consist of daily, extended hikes through the land of the Bible. Overnight lodging in hotels, tents in the desert, and a Bedouin tent one night in the Galilee. Participants journey with their feet, jeeps, ATVs, and a bus. Activities include daily treks and teaching along the way, visits to ancient sites, and culinary experiences on the journey.
- Spring and fall in Israel can be cold and wet. These days mix with sunny skies and mild temperatures as well. Participants should dress in layers and bring appropriate clothes for the possibility of cold and rain.
- Participants will sleep in camps three nights during the trek. In the Galilee, they
  will sleep at Kefar Kedem in a Bedouin style tent. Mattresses are provided, but
  participants sleep on the ground. The facilities are primitive, but there are
  toilets and showers. In the Negev, participants will sleep in tents (double
  occupancy). Camps do not have facilities, either toilets or showers. There is
  also no running water.

- The Negev camps will have lighting, tents, mattresses, drinking water, bonfire, breakfast, and dinner, with a packed lunch daily.
- Food, tents, and campfire will be prepared by our outfitters. Thin mattress will be supplied. We recommend you bring your own sleeping bag mattress pad.
- Participants can pack a suitcase, which will stay with the bus or in the hotel.
  They need a daypack for daily hiking. For the two nights in the Negev,
  participants need a night pack to carry only what they need (see below).
  These packs will be conveyed to the campsite by our outfitters. Suitcases will remain with the bus.

## What to bring:

- Hiking boots (boots need to be waterproof—we can get rain or confront wet, muddy, soggy places in the trail)
- Comfortable socks
- Sleeping Bag (recommend 0-degree bag)
- Sleeping Bag Mattress Pad
- Day Pack. Needs to hold 4.5-6 liters of water. We recommend a 3-liter bladder and carrying a 2-liter bottle of water (or two).
- Snacks for the hikes (jerky, trail mix, Cliff bars, etc.)
- Sunscreen
- Anti-chaffing cream or lotion
- Sunglasses
- Hat
- Flashlight
- Toiletries
- Towel
- Wind/rain proof shell (for you)
- Bible
- Journal
- For the two nights in the desert:
  - Separate pack for things you will need at night and during day hiking in the desert. Our outfitter will deliver these to each campsite.
  - o Clothes for three days/two nights. Plan on dressing in layers. The desert will be cold, have a coat or sweater, or both.
  - Sleepwear for nights in the desert.
  - Sleeping bag
  - Sleeping bag mattress
  - o Flashlight
  - Towel
  - Toiletries
  - Closed toed shoes for the camp
  - Pillow (optional)